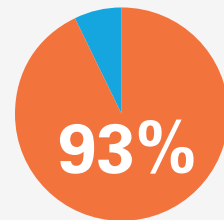


# Take Control with Advanced Health Plan Strategies

Navigating the healthcare system can be overwhelming and the results costly for both employees and employers. Healthcare costs are frequently the largest portion of employer spending, and employee wages often do not keep pace with rising healthcare increases. It can also be complicated for employers and employees to evaluate the quality of care they are purchasing.

Alera Group has the resources and expertise to help you obtain better control over your healthcare plan. Your local Alera team will work with you to identify and implement advanced health plan strategies that help you contain costs and enhance the quality of care provided. Our team can help you:

- Evaluate the quality of care provided to eliminate unnecessary treatment and low-quality care
- Implement strategies to deliver better quality care at lower costs
- Identify opportunities to improve primary care to address and manage chronic conditions for long-term health
- Evaluate your pharmaceutical spend and programs to put strategies in place to control costs
- Engage and educate employees to make sound healthcare decisions
- Adjust plan designs based on the needs of your organization and employees



of employers consider increasing healthcare affordability for employees, while controlling costs for the organization, as a top priority.

Willis Towers Watson, 2019 Best Practices in Health Care Employer Survey Report



### Optimized Solutions



### Personal Partnerships



### National Collaboration

## Collaborating for Your Success

As an Alera Group client, you have the peace of mind that comes from working with a trusted, local partner, backed by national community of problem solvers. Together, we deliver local, optimized benefits solutions to help grow and protect your business.

## Focused on Five Areas of Impact

The United States is a global leader in healthcare and the system is well-equipped at treating acute illnesses. Individuals with chronic conditions, however, often find it difficult to manage treatment and the costs can be prohibitive. Time constraints on the primary care system often increase referrals to expensive specialty care.

At Alera Group, we deliver innovative, data driven, advanced strategies and solutions that are scalable, customized and mitigate costs for better employer and member outcomes. Our teams are focused in five key areas to maximize the impact on your total health plan:

### 1. Primary Care

Coordination of care to ensure members are getting adequate care for chronic conditions and better treatment at lower cost.

### 2. High Risk/High Cost

Strategies to help address common issues that drive healthcare costs and impact unique healthcare conditions that can be extremely expensive to treat.

### 3. Pharmacy Spend

Evaluation of PBM plan performance and alternative PBM opportunities to implement strategies to control costs, including specialty drug management and mail order zero co-pay.

### 4. Value-based Purchasing

Strategies to deliver better quality with lower costs to ensure the value you're receiving from your health care, including a narrow network model and direct provider contracting.

### 5. HealthCare Literacy and Engagement

Communication and educational tools to engage employees in their healthcare, as well as strategies and solutions to help members navigate.

With Alera Group, we have the ability to deliver advanced plan strategies tailored your unique needs, giving you peace of mind that you and your employees are getting the care you need at the optimal cost.

To learn more about how Alera Group can help you identify leading-edge solutions that grow with your business, contact your local Alera representative at (916) 631-7887 or visit [www.pwadmin.aleragroup.com](http://www.pwadmin.aleragroup.com).

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